



# NEWSLETTER

2020-Edition 1

ASHTABULA CAREER AND LIFE ENRICHMENT CENTER

Discover-Connect-Inspire

## From the Desk of Director Jill Oliver



Happy New Year!!! We would like to wish everyone a safe, happy and prosperous new year! We have been busy transforming our program areas to be able to offer our members many different opportunities throughout their program day.

Some of the new areas we are working on is an exercise room, resource computer room and a music room. Our activities committee will be working on more opportunities throughout the year!

Save the date for February 27, 2020, as we are planning a celebration for National Retro Day! More information will be shared at a later date!

PCS Ashtabula is excited to welcome our new nurse, Sherilyn Carlo! She is a wonderful addition to our team. Welcome aboard Sherilyn!

## COMMUNITY LUNCHEON



Ashtabula PCS visited Lowe's Home Improvement store for the December community luncheon. Bobbie Jo, one of the store managers took us on a tour of the different departments and everyone got an up close look at all the ways you can paint, remodel and build for your home.

Ash/Craft woodshop is a frequent shopper at Lowe's. We shop for lumber and supplies to build our picnic tables and corn hole games. Members make a list of the wood and hardware they need then pick out the lumber that looks best!

*Individuals completed 5 hours of volunteer services and 830 hours of community integration hours in December.*

## THIS MONTH'S FEATURES

### VOLUNTEER



Our members are cooking up some nice dog treats to donate to the APL. We frequently volunteer to make treats as well as toys for the cats and dogs at the APL. Our members enjoy taking the treats to the animals and visit with them for a while.

### LIFE SKILLS

PCS Ashtabula - Ash/Craft Industries, Inc. offers many opportunities for our members to learn or improve life skills that will help them become more independent. Laundry class teaches individuals how to sort clothes, how much clothes to put into a washing machine, how much detergent to use, what water temperature to use, dry, fold and hang laundry and even how to iron.



## BIRTHDAYS:

2nd – John H.      19th – Kim D.  
6th – Erin K.      20th - Jolene E.  
9th – Scott M.    20th – Bronson G.  
11th – Chris P.    24th – Jeff S.  
13th – Joseph S.   25th – Jay W.  
16th – Kim M.      26th - Curtis D.  
17th – Jennifer L. 29th – Adam H.  
19th – Melanie D. 30th – Alice D.



Volunteer project ideas are always welcomed. Please talk to the Director about opportunities you see in your community.



Person Centered Services, Ashtabula Center, is pleased to announce that Sherilyn Carlo has joined the staff as our nurse. Sherilyn has been a nurse for almost 12 years and has spent the majority of her career in the field working with adults with developmental disabilities. Sherilyn stated working in this field is her true passion.

She is continuing her education in nursing and attending Lakeland Community College to acquire her ASN/BSN degree.

Sherilyn and her husband John (who is also a nurse) have 8 children and a dog named Blu. Her hobbies are anything outdoors, fishing, camping and horseback riding. She likes to crochet, bake and decorate cakes, play board games and do anything that involves spending time with her family.

Sherilyn said "I am very excited to embark on this journey as the nurse at PCS, AshCraft Industries, and to work alongside all of the amazing people! Thank you so much for the warm welcome, and God Bless".

December 12, 2019, our members were served a turkey dinner with all the fixings in celebration of the holidays. All members received a gift from the Ash/Craft Industries Board. All member enjoyed celebrating with staff and other members. It was a great celebration!



PCS treats all of our members to a special Birthday Lunch for their birthday! Our members pick where they want to go and what staff member they want to go with. This brings smiles to their faces!



Ashtabula Career and Life Enrichment Center

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