





November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 THEME OF THE MONTH Finding Your Motivation	Charity of the Month Veterans	Industry of the Month 	1 Vol. @ Charmed Church Luncheon Dover Library/Comic Book Store Exercise Videos/Games	2 Silver Sneakers (YMCA) Grocery Shopping Thanksgiving crafts	3
4 Cooking: Spaghetti and Garlic Bread	5 Vol. @ Central Kitchen Mall Outing Art w/ Twila Communicate With Pictures	6 Vol @ Central Kitchen Exercise Videos Reeves Museum Volunteer at Church	7 Vol. @ Central Kitchen Christmas Window Shopping Thanksgiving Ideas/Crafts	8 Glass Factory Vol. @ Charmed Individuals' Advocacy Meeting	9 YMCA Grocery Shopping Fall Exploration	10
11 Cooking: Cheese and Herb Potato Fan and Salad	12 Vol @ Central Kitchen Art w/ Twila Warther's Christmas Tree Festival	13 Vol @ Central Kitchen Thanksgiving Lunch prep. Mall Shopping Volunteer at Church	14 Vol @ Central Kitchen Library Tour: New Phila Thanksgiving Lunch prep Communicate with Pictures	15 Vol @ Charmed Lunch Outing in Canton Warther's Christmas Tree Festival Thanksgiving Lunch prep.	16 Thanksgiving Lunch at PCS Grocery Shopping	17
18 Cooking: Sloppy Joe and French Fries	19 Vol @ Central Kitchen Hillcrest Orchard Art w/ Twila Communicate with Pictures	20 Vol @ Central Kitchen Exercise Videos Flea Market Volunteer at Church	21 Vol @ Central Kitchen Nail Painting Day Mall Shopping	22 	23	24
25 Cooking: Pizza and Salad	26 Vol @ Central Kitchen Art w/ Twila Sippo Lake Outing	27 Vol @ Central Kitchen Exercise Videos Volunteer at Church	28 Vol @ Central Kitchen Bowling: Cy Young NCT Communicate with Pictures	29 Walnut Creek Flea Market	30	31