


Theme of the Month

Important to & Important for Me

JANUARY

Charity of the Month

Meals on Wheels

Mon	Tue	Wed	Thu	Fri
1. CLOSED	2. Cook Group Exercise Movie Day Music Therapy Library Day VFW (V)	3. Cook Group Exercise Craft Money Management Veterans Memorial (V) Coffee Club	4. Cook Group Cook Group Exercise Meals On Wheels (V) Continental Manor (V) The Exchange (V)	5. Cook Group Exercise Craft Faith Family Church (V) Life Skills Meal Planning
8. Cook Group Exercise Career Exploration Out and About Personal Hygiene <i>What's Important to me?</i>	9. Cook Group Exercise Movie Day Music Therapy Library Day Craft VFW (V) VFW	10. Cook Group Exercise Craft Money Management Coffee Club	11. Cook Group Cook Group Exercise Meals On Wheels (V) Continental Manor (V) The Exchange (V)	12. Cook Group Exercise Craft Faith Family Church (V) Life Skills Meal Planning
15. Cook Group Exercise Career Exploration Out and About Meal Planning Craft <i>What's Important to me?</i>	16. Cook Group Exercise Sensory Library Day Movie Day VFW (V)	17. Cook Group Exercise Craft Money Management Coffee Club	18. Cook Group Cook Group Exercise Meals On Wheels (V) The Exchange (V) Continental Manor (V) Murphy Theater (V)	19. Cook Group Exercise Laundry Meal Planning Life Skills Snack Day
22. Cook Group Exercise Career Exploration Out and About Personal Hygiene <i>What's Important to me?</i>	23. Cook Group Exercise Craft Library Day Life Skills VFW (V)	24. Cook Group Exercise Movie Day Coffee Club Craft	25. Cook Group Exercise Meals On Wheels (V) Continental Manor (V) Murphy Theater (V) The Exchange (V)	26. Cook Group Personal Hygiene Exercise Read a book Faith Family Church (V) Snack Day
29. Cook Group Exercise Career Exploration Out and About Personal Hygiene <i>What's important to me?</i>	30. Cook Group Exercise Movie Day Music Therapy Library Day Craft VFW (V)	31. Cook Group Exercise Craft Coffee Club		
		<i>Industry of the Month</i> Transportation	V=Volunteering	