

# PCS Wellston Career and Enrichment Center-**January 2018**

Theme of the Month- "Important to & Important for Me"

Charity of the Month- Meals on Wheels America

RED denotes activities scheduled outside the building

<p><b>1 Monday</b></p>	<p><b>2 Tuesday</b> Cook Group Polish Our Living Skills <b>Community Integration "Healthy Happy Hour"</b> Cleaning Skills</p>	<p><b>3 Wednesday</b> Cook Group Art from the Heart Polish Our Living Skills <b>Community Integration –LET'S MOVE</b> Cleaning Skills Commissary Clean, Restock <b>Wellston Library</b></p>	<p><b>4 Thursday</b> Cook Group <b>Volunteer at Edgewood Nursing Home</b> Mind Stimulation Polish Our Living Skills Round Table</p>	<p><b>5 Friday</b> <b>Coffee Club</b> Exercise Club PCS Council <b>Lunch Club</b> Garden Club</p>
<p><b>8 Monday</b> Cook Group Polish Our Living Skills <b>Volunteer at Jackson Co Dog Pound</b> Mind Stimulation <b>Community Integration-Mall Scavenger Hunt</b> <b>Volunteer at Heartland Nursing Home</b></p>	<p><b>9 Tuesday</b> Cook Group Exercise Club  Polish Our Living Skills <b>Special Olympics Basketball(Home)</b></p>	<p><b>10 Wednesday</b> Cook Group Art from the Heart Polish Our Living Skills <b>Community Integration- LET US MOVE</b> <b>Boys Swimming Days Inn</b> Commissary Clean, Restock</p>	<p><b>11 Thursday</b> <b>Volunteer at Edgewood Nursing Home</b> Cook Group Mind Stimulation Polish Our Living Skills Cleaning Skills <b>Special Olympics Basketball (Home)</b></p>	<p><b>12 Friday</b> <b>Coffee Club</b> Exercise Club <b>Lunch Club</b> Cleaning Crews</p>
<p><b>15 Monday</b> Cook Group Polish Our Living Skills <b>Volunteer at Heartland Nursing Home</b> Mind Stimulation Cleaning Skills –Commissary <b>Community Integration-Mall Scavenger Hunt</b></p>	<p><b>16 Tuesday</b> Cook Group Exercise Club <b>Special Olympics Basketball (Away)</b></p>	<p><b>17 Wednesday</b> Cook Group Sewing Class Polish Our Living Skills <b>Community Integration –LET US MOVE</b> <b>Advocacy meeting</b> Commissary Clean, Restock</p>	<p><b>18 Thursday</b> Cook Group <b>Volunteer at Edgewood Nursing Home</b> Mind Stimulation Polish Our Living Skills Sewing class</p>	<p><b>19 Friday</b> <b>Coffee Club</b> Exercise Club <b>Lunch Club</b> Garden Club</p>
<p><b>22 Monday</b> Cook Group Polish Our Living Skills <b>Volunteer at Jackson Co Dog Pound</b> Mind Stimulation Cleaning Skills –Commissary <b>Community Integration-Mall Scavenger Hunt</b> <b>Volunteer at Heartland Nursing Home</b></p>	<p><b>23 Tuesday</b> Cook Group Exercise Club Polish Our Living Skills <b>Special Olympics Basketball (Away)</b></p>	<p><b>24 Wednesday</b> Cook Group Art from the Heart Polish Our Living Skills <b>Girls swimming Days inn</b> Cleaning Skills Commissary Clean, Restock Pictionary</p>	<p><b>25Thursday</b> Cook Group <b>Volunteer at Edgewood Nursing Home</b> Mind Stimulation Polish Our Living Skills Cleaning Skill <b>Special Olympics Basketball (Away)</b> Round Table</p>	<p><b>26 Friday</b> <b>Coffee Club</b> Exercise Club <b>Lunch Club</b> Garden Club</p>
<p><b>29 Monday</b> Cook Group Polish Our Living Skills <b>Volunteer at Heartland Nursing Home</b> <b>Volunteer at Jackson Co Dog Pound</b></p>	<p><b>30 Tuesday</b> Cook Group Exercise Club <b>Special Olympics Basketball (Away)</b> <b>Community Integration "Healthy Happy Hour"</b></p>	<p><b>31 Wednesday</b> Cook Group Checker Tournament Art from the Heart Polish Our Living Skills <b>Community Integration –LET US MOVE</b></p>		

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